

M.S. MARRIAGE AND FAMILY THERAPY

OVERVIEW

The Marriage and Family Therapy (MFT) master's program prepares students to effectively serve family systems in a collaborative environment conducive for working within the broader health care system through learning, therapeutic practice and community involvement. Students learn ethical responsibility to ensure professional practices and develop personal and professional growth through intentional self-awareness and self-reflection.

Students participating in our practicums will have the real-world experience serving distressed families in the Central Texas region through The Community Counseling and Family Therapy Center, as well as our practicum site partners. Our program will maintain collaborative relationships with broader healthcare organizations and agencies and will place its students in those settings to develop a critical consciousness and a systemic framework necessary to serve area families.

Program level Student Learning Outcomes

The student will be able to:

- Demonstrate knowledge and appropriate application of classical and postmodern MFT theories.
- Demonstrate basic and systemic therapeutic techniques.
- Assess how contextual issues affect individual lives and relational dynamics.
- Formulate and execute treatment plans based on individual issues, relational dynamics, and contextual issues.
- Assess the influence of their social location and personal experiences on the conceptualization and intervention of cases.
- Develop collaborative relationships with other mental health professionals and agencies within the local community.
- Demonstrate knowledge of current trends and research methods in the field of marriage and family therapy.

Entry Requirements

Students will be admitted into the M.S. Marriage and Family Therapy program by the faculty once the following application criteria are met:

- Successful admission to graduate school.
- Bachelor's degree from a regionally accredited institution.
- Preferred minimum GPA of 3.0.
- Clinical/Work/Volunteer Experience: While specific experience is not required, previous related work experience may make an applicant more competitive.
- Completed Counseling and Psychology Department Application.
- Timely submission of admission materials.

Admissions Material

- **Departmental application:** The Departmental application can be found online at the Departmental website.
- **Reference:** One professional reference is required from a colleague or supervisor who can attest to the applicant's clinical knowledge, skill, and potential aptitude for graduate study. The recommendation

letter must include address, phone number, and signature of the recommender. If a recommender prefers to submit an original, hard copy letter, please remind him or her that it must include an ink signature and be submitted in a sealed envelope.

- **Personal Statement:** An essay describing your pertinent human services experiences and how they will enhance your development as a marriage and family therapist.
- **Resume/CV:** A work experiences résumé or curriculum vitae.
- Copies of any professional licenses currently held.

Master of Science - Marriage and Family Therapy Program Requirements

Code	Title	Credit Hours
MFT 5301	Introduction of Marriage and Family Therapy Theory	3
MFT 5302	Advanced Marriage and Family Therapy Theory	3
MFT 5307	Ethics in Marriage and Family Therapy	3
MFT 5309	Assessment and Treatment of Diverse Families	3
MFT 5313	The Person of the Therapist Identification	3
MFT 5383	Marriage and Family Therapy Pre-Practicum	3
MFT 5350	Marriage and Family Therapy Research Methods	3
MFT 5351	Diverse Couples Assessment and Treatment	3
MFT 5352	Gender and Sexuality in Marriage and Family Therapy	3
MFT 5353	Medical Family Therapy	3
MFT 5356	Combat Related Trauma	3
MFT 5358	Group Process in Marriage and Family Therapy	3
PSYC 5304	Human Development	3
Choose 3 of the following Courses		9
MFT 5355	Treating Military Families	
or MFT 5357	Common Factors in Marriage and Family Therapy	
or MFT 5371	Advanced Couples Interventions	
or MFT 5372	Relationship Education	
or MFT 5380	Addiction in Marriage and Family Therapy	
or MFT 5381	Adolescent in Family Therapy	
or MFT 5382	Delinquency in Marriage and Family Therapy	
or PSYC 5300	Behavioral Statistics	
MFT 5090	Marriage and Family Therapy Theory Comprehensive Examination	0
MFT 5391	Clinical Practicum I	3
MFT 5392	Clinical Practicum II	3
MFT 5393	Clinical Practicum III	3

MFT 5394	Clinical Practicum IV	3
Total Credit Hours		60